

## Day Program Training

Currently ODS hosts weekly consumer trainings. ODS consumers can participate weekly, biweekly or monthly! ODS Instructors facilitate a training at the minimum of twice per week. Special Training classes include cooking, personal shopping, budgeting, basic computer skills, grooming/hygiene, sewing, painting, nutrition/dieting, stranger awareness, drivers ed. & activity planning.

ODS staff will create and facilitate a fresh curriculum into each class. Each class is held in small group settings for a more effective session. Here are some ODS consumers participating in a cooking and oral hygiene training.



## Day Program Special Events

Throughout the year ODS host special events surrounding holidays and or consumer appreciation days. ODS Instructors and consumers work together in planning each activity that will be present at our events.

This past year consumers participated in an Easter hunt, 4th of July BBQ, decorating a Halloween haunted house, cooking for a Thanksgiving feast, planning a Christmas party and joining together for our annual Consumer Appreciation Day. Here are some of our consumers during a Valentine's dance and Winter Party. **COME BE PART OF OUR PROGRAM!!!**



## ODS COMPOSITION

With over forty-five years of collective experience represented in our management team alone, ODS provides these training services, among others, to individuals in the Stockton and Modesto areas living with developmental disabilities:

Behavior Management, Self Advocacy, Community Integration, Employment Training, Life Skills and Supported Living.

Our multi-ethnic staff communicates effectively in diverse languages, including: English, Spanish, Filipino and German.

ODS also provides flexible hours in an effort to accommodate the needs of our clients in employment and the community.



### OpenDoor Services, Inc.

#### Stockton BMP Office

4526 N. Pershing Ave., Stockton, CA 95207  
Phone: 209.475.1722 Fax: 209.475.1725

#### Stockton CI & Administrative Office

2453 Grand Canal Blvd. Ste.1, Stockton, CA 95207  
Phone: 209.475.1529 Fax: 209.475.1539

#### Management Team

Stacie Rodriguez - Program Director  
Sherry Welker - Consumer Project Manager  
Cindy Mason - Program Manager  
John Nakawatase - Program Manager  
Anthony Lopez - Asst. Job Developer

#### Modesto BMP Office

937 Coffee Rd., Ste. 6, Modesto, CA 95355  
Phone: 209.522.0221 Fax: 209.522.1181

#### Modesto CI Office

1701 Coffee Rd., Ste. 1, Modesto, CA 95355  
Phone: 209.576.1918 Fax: 209.576.7989

#### Management Team

Jody Smith - Program Director  
Ben Meza - Program Manager  
Joyce Williams - Asst. Program Manager  
Bernardo Tuazon - Job Developer

## OPENDOOR SERVICES, INC.



## STOCKTON & MODESTO AREA DAY PROGRAM SERVICES

*Empowering People to Help  
Themselves, Since 2002.*

[www.odsinc.org](http://www.odsinc.org)

## **WHO ARE WE?**

OpenDoor Services, Inc. (ODS) is an organization providing quality services to people living with developmental disabilities. We have committed ourselves to providing these services with integrity, sensitivity, consistency and support.

We recognize and earnestly take on the challenge of offering the type of training that will provide empowerment to the individual, enabling him or her to make informed choices in their life and strive towards a greater independence within their community.

### **OUR AIM IS TO SUPPORT THE WILLING INDIVIDUAL IN THEIR STRIVE TOWARDS REACHING THEIR HIGHEST POSSIBLE POTENTIAL.**

ODS Day Program Services offers training in the following areas:

- ◆ Self Advocacy
- ◆ Community Integration
- ◆ Employment Training
- ◆ Life Skills: i.e. Grooming, Hygiene, etc.

#### **SELF ADVOCACY**

The focus of OpenDoor Services' Self Advocacy training is to both enhance an individual's ability to make informed choices and increase his or her ability to effectively and appropriately communicate needs and wants. ODS provides training that facilitates the following in both a socially acceptable and responsible manner:

##### **Empowerment**

Encourages and trains each individual to prepare for and take an active role in planning the steps necessary to reach their personal goals.

##### **Decision Making**

Encourages each individual to make informed choices. ODS staff assist our consumers in gaining the skills necessary to formulate questions, find and utilize resources and weigh options before making personal decisions.

## **Communication**

An individual's ability to aptly communicate his or her needs or wants is paramount to ultimate success and independence in a community setting. ODS staff continuously observe our consumers and proactively seek out ways to enhance their social interactions and create an awareness to the possible consequences of their behaviors.

### **COMMUNITY INTEGRATION**

The purpose of community integration training at ODS is to increase an individual's ability to independently access natural supports and services in the community. These supports include, but are not limited to, community service agencies, support groups and community recreation and leisure activities and centers.

Typical training provided by ODS staff both sponsors and utilizes the following:

#### **Community Transportation Services**

ODS impresses the importance of community transportation. Staff train and assist in the use of city bus lines, taxis, Dial-A-Ride, etc. and encourage these modes of transportation to get to and from events, appointments, places of employment, etc.

#### **Support Groups**

ODS strongly encourages the attendance of support groups both during and outside program hours. Should a consumer wish to attend a support group during program ODS will strive to assist in that consumer's attendance. Also, due to the request of both consumers and third parties, ODS has begun an *Alcoholic's Anonymous (AA)* group for our consumers. This group meets twice a week.

#### **Personal Shopping**

ODS staff assist consumers in shopping for personal and incidental items. This training is conducted with the goal that the individual will increase in the ability to identify, budget for and purchase these items independently.

#### **Recreation and Leisure**

The goal is to increase the individual's ability to choose, plan and participate in community activities of their choice.

## **EMPLOYMENT TRAINING**

ODS employment training aims to assist individuals in identifying employment interests and options, as well as developing the skills they will need and use to acquire and maintain employment in the community.

ODS Instructors and Job Coaches prepare our consumers by providing training in the following areas:

#### **Job Readiness**

Individuals are assisted in increasing their ability to identify employment preferences and develop positive attitudes towards effective work habits. Instructors and Job Coaches facilitate mock interviews, assist in the application process, help obtain proper documentation and building personal resumes. ODS also attempts to impress upon individuals the importance of proper grooming and attire while both seeking and sustaining employment.

#### **Employment**

It is ODS' philosophy that individuals obtain work skills by actual experience through gainful employment in the community. ODS has numerous consumers currently placed in both enclave and direct hire employment sites. Job Coaches are always provided to ensure proper communication between employers and consumers, as well as create and maintain quality work.

#### **Job Retention**

ODS Job Coaches strive to increase the likelihood that our consumers will maintain employment in the community. This is accomplished through observation and identification of possible barriers to success in the work place. Job Coaches are given the responsibility of assuring work quality through both verbal instruction and physical modeling of assigned tasks.

The ultimate goal is to see our consumers increase in skill and ability allowing them to maintain employment independently.